



Dear Friend,

Annually a committee of Adams Community Bank employees, affectionately known as the Fantastic Community Supporters (FCS), ban together from January to June with one mission in mind – to show those affected by a cancer diagnosis in our community how much we care. We do this by raising money locally and donating it back locally to PopCares.

The COVID-19 pandemic has changed the landscape of fundraising as we knew it in the past and has made us reevaluate our usual fundraising methods. We are proud that the last few years have been record-setting fundraising years with your help - thank you. We are not looking to continue to set records this year; our only goal - to come together as a community and support PopCares.

Our committee has been busy raising funds internally with our dress down days on Fridays and selling ribbons to customers. Now we are excited to present our one community fundraising event, A Virtual 5k Walk, Run, or Hike!

We hope you will join us by participating in this event. We are excited about getting outside and rallying our community to support such an amazing non-profit. If you are unable to join this virtual event, donations will be accepted without event participation.

Thank you in advance for continuing to support us on behalf of this amazing non-profit.

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# PICK YOUR **PACE** for **POP**

A Virtual 5k **WALK, RUN** or **HIKE** fundraiser!

Join us for a virtual 5k that you complete wherever you would like. Choose your own route in your neighborhood, in your favorite park or on your favorite scenic trails. Then run, walk or hike to complete the virtual event.



When: **June 12-13, 2021**

Or complete this virtual event any time between June 1st - June 13th, 2021.

Entry fee: **\$25 per person or per family.**  
Or give what you can, we understand.

Categories: **Speed Demons** (Runners)  
**Faster than a Sloth** (Walkers & Hikers)

If you are a **Speed Demon** submit your time in accordance to the 5k distance to qualify for prizes in the Speed Demon category.

If you are **Faster than a Sloth**, submit a photo of you and/your crew to be considered for recognition in the themes below. The 5k distance isn't required in this category.

- Best Scenic View
- Cutest Canine Companion
- Most Creative GPS Mapping Pattern
- Best Race Bib Design
- Best Dressed Group

**Registration:** Fill out the registration form below and drop off along with donation, at any ACB branch drive-up or mail to ACB, P.O. Box 306, Adams, MA 01220. Once we receive your registration form, we will email a virtual 5k event bib with additional details. Make checks payable to: PopCares, Inc.

Member FDIC. Member DIF.

Name: \_\_\_\_\_

Team Name (if applicable): \_\_\_\_\_

Email: \_\_\_\_\_

Donation amount: \_\_\_\_\_

Walking in memory of (optional) : \_\_\_\_\_

Category: Speed Demon \_\_\_\_\_ Faster than a Sloth \_\_\_\_\_